


Monday
Tuesday
Wednesday
Thursday
Friday
1

4
 Turkey, Ham and Cheese
 Sandwich on
 Whole wheat bread
 Corn Chips & Salsa
 Applesauce Cup
 Pick up 11-2

5
 PBJ whole wheat Sandwich
 Homemade chicken &
 Vegetable noodle soup
 Fruit Cup

6
 Wholegrain Grilled
 Cheese Wrap
 Tomato Soup
 Local Crackers
 Banana
 Pick up 11-1

7
 Homemade Mac & Cheese
 Wholegrain chicken Nuggets
 Apple

8
 Homemade Cheese Lasagna
 Tossed Salad
 Orange Smiles
 Pick up 11-2

11
 PBJ on whole wheat bread
 Homemade 3 sisters soup
 Green beans, navy beans, corn,
 carrots tomatoes
 Local Crackers
 Banana

12
 Ham & Cheese
 Grinder on whole wheat roll
 Carrot Sticks with
 Ranch dressing
 Fruit Cup

13
 Beef Ravioli
 Whole wheat roll
 Homemade Broccoli salad
 Apple

14
 Chicken Patty on
 Wholegrain bun
 Tossed Salad
 Maple Mustard Dressing
 Pears

15
 Cheese Pizza
 Tossed Salad
 Peaches

18
 No School
 Martin Luther King Day

19
 Homemade Mac & Cheese
 Steamed Carrots
 Wholegrain Chicken Nuggets
 Peaches

20
 Chicken Tenders
 Fries
 Pineapple

21
 Farmer Joe's
 Sloppy Joes on
 Whole wheat bun
 Homemade Broccoli Salad
 Pears

22
 Hamburger or
 Cheese Burger
 Whole wheat bun
 Cheesy Cauliflower
 Orange Smiles

25
 Wholegrain Spaghetti
 With Meat Balls
 Tossed Salad – Ranch
 Grapes

26
 Homemade Tuna Vegetable
 Casserole
 Whole Wheat Roll
 Apple

27
 Breakfast for Lunch
 Pancakes
 Local Syrup
 Sausage Patty
 Orange

28
 Chicken Patty on
 Whole wheat bun
 Tossed salad with
 Homemade dressing
 Banana

29
 Dragon Treat Tacos
 Fajita Chicken lettuce
 tomatoes cheese, bbq sauce
 in a taco shell
 Fruit Cup

This is an equal opportunity provider.

All Meals are free to kids 1-18 years of age.

We will be providing fresh fruits and vegetables for snacks daily
 Jan. 4-8 is curbside pick up, Monday, Wednesday and Friday.

