

<p><b>September 2020 breakfast menu</b></p> <p>Sharon Elementary School Food service LinAnn Perry 763-7425 ext 16</p> <p>Meal prices Child breakfast \$2.00 Adult breakfast \$3.50</p> <p><b>Featured fruit means one fruit is chose for the menu but there are four or more fruits daily for breakfast</b></p>	<b><u>WE SOURCE LOCAL!</u></b>		<u>Produce</u>		
	<p><u>Dairy Offerings on the salad Bar:</u>  <b>Stoneyfield Yogurt</b>  <b>Cabot Cottage Cheese &amp; Sour Cream</b>  <b>Green Mtn. Creamery</b>  <b>Eggs from mrs perry chickens at Layedbackfarm when possible</b>  <u>Daily Milk</u>  <b>Sprague's Dairy</b></p>		<p><b>Champlain Orchards</b>  <b>VT Cannery</b>  <b>Sharon Sprouts Kitchen garden</b>  <b>Sunrise Orchards</b>  <b>local syrup Georgia mountain maples</b></p>		<p>H.m- homemade  w.w- whole wheat  W.g-whole grain</p>
		<p>Tuesday 8  ww pancakes local  syrup  sausage patty  yogurt  fruit</p>	<p>Wednesday 9  wg cereal  ww bagel  yogurt banana</p>	<p>Thursday 10  H.m ww french toast  using eggs from  Layedback farm  sausage patty local  syrup  local yogurt orange  smiles</p>	<p>Friday 11  Egg and cheese w/  bacon Frattata</p>
	<p><b>Monday 14</b>  <b>W.g pancakes</b>  <b>sausage patty local</b>  <b>syrup</b></p>	<p>Tuesday 15  French toast local  syrup fruit orange  smiles</p>	<p>Wednesday 16  Wg Cereal ww bagel  local cream cheese  featured fruit  featured fruit raisins</p>	<p>Thursday 17  Egg cyclone(egg  omelet and cheese on  w.w bagel) sausage  patty fruit apple</p>	<p>Friday 18  W.g english muffin  scrambled egg fruit  peaches</p>
	<p>Monday 21  W.g pancakes  sausage patty local  syrup fruit pineapple  tidbits</p>	<p>Tuesday 22  Egg cyclone (egg  omelet on ww bagel  featured fruit fresh  pear</p>	<p>Wednesday 23  Wg Cereal ww bagel  local cream cheese  featured fruit  featured fruit raisins</p>	<p>Thursday 24  Cereal Gluten free  blueberry muffin  cereal featured fruit  banana</p>	<p><b>Friday 25</b>  <b>W.g blueberry bash</b>  <b>waffles sausage</b>  <b>patty fruit</b></p>
	<p>Monday 28  W.g Pancake sausage  featured fruit banana</p>	<p>Tuesday 29  Egg cyclone (egg  omelet on ww bagel  featured fruit pear</p>	<p>Wednesday 30  Wg Cereal ww bagel  local cream cheese  featured fruit  featured fruit raisins</p>		

	Monday 24 ww pancake sausage featured fruit golden apple	Tuesday 25 Egg cyclone (egg omelet on ww bagel featured fruit pear	Wednesday 26 Wg Cereal ww bagel local cream cheese featured fruit featured fruit raisins	Thursday 27 H.m french toast featured fruit banana	cereal Gluten free blue berry muffin fruit banana
<b>Daily Milk Selection</b> Milk Skim or 1% Milk .50	<b>Monday 27</b> Pancake sausage featured fruit apple	<b>Monday 21</b> Scrambled egg ww bagel featured fruit banana	<b>Wednesday 22</b> <b>cereal ww bagel</b> <b>local cream cheese</b> <b>peaches</b>	<b>Thursday 23</b> <b>H.m french toast</b> <b>featured fruit</b> <b>pineapple</b>	<b>Friday 24</b> blueberry bash waffles bar featured fruit pear
	<b>Monday 27</b> <b>W.w pancake</b> <b>sausage patty</b> <b>featured fruit banana</b>	<b>Tuesday 28</b> <b>Egg cyclone</b> <b>sausage patty</b> <b>featured fruit</b> <b>pineapple</b>	<b>Wednesday 29</b> <b>Cereal w.w bagel</b> <b>local cream cheese</b> <b>featured fruit melon</b> <b>slice</b>	<b>Thursday 30</b> <b>Oatmeal gluten free</b> <b>UDI'S blueberry</b> <b>muffin featured fruit</b> <b>strawberries</b>	<b>Friday 31</b> <b>blueberry bash</b> <b>waffle local syrup</b> <b>sausage patty fruit</b> <b>apple</b>