

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**

Whole wheat **5**  
 Spaghetti Meatballs  
 Homemade sauce  
 All vegetables from our  
 school garden  
 Pears

PBJ on whole wheat bread **6**  
 Homemade chicken  
 tortellini vegetable soup  
 Orange Smiles

Chicken patty on  
 whole wheat bun **7**  
 Carrot stick dippers  
 Grapes

Chicken Tenders **1**  
 Home Fries  
 Banana

Vermont Cheese Pizza **2**  
 Tossed Salad  
 Peaches

Chicken Vegetable **8**  
 Fried Rice  
 School garden vegetables  
 Stir fry  
 Mandarin Oranges

Meatball Sub **9**  
 On whole wheat roll  
 Tossed Salad  
 Banana

No School **12**

Chicken Pot pie **13**  
 Local vegetables  
 Mashed potatoes  
 Whole wheat roll  
 Apple

Ham & Cheese Grinder **14**  
 Corn chips  
 Homemade salsa using  
 Vegetables from school  
 garden, pear

Homemade Mac & Cheese **15**  
 Chicken nuggets  
 Salad  
 pineapple tidbits

Local Hamburger **16**  
 On wholegrain roll  
 Tossed Salad  
 Orange Smiles

Home made **19**  
 Tuna Noodle Casserole  
 School garden veggies  
 peaches

Tacos (local beef) **20**  
 Spinach Rice  
 Orange Smiles

Fish Sticks **21**  
 French Fries  
 Mrs. Perry's Pickled Beets  
 Vermont Applesauce

Hot Dog **22**  
 Whole wheat bun  
 Tossed Salad  
 Grapes

Breakfast for Lunch **23**  
 Wholegrain pancakes  
 Sausage patty  
 Local syrup  
 Banana

Turkey & Cheese **26**  
 Sandwich  
 Corn Chips  
 Salsa  
 Homemade Applesauce

Whole wheat **27**  
 Cheese Wrap  
 Home made chicken  
 veg soup (school garden)  
 Pineapple Tidbits

Chicken Patty on  
 Whole wheat bun **28**  
 Grapes

Cheese Ravioli **29**  
 Homemade local  
 Vegetable sauce  
 Raisins

Mrs. Perry's homemade **30**  
 Whole wheat pizza  
 Banana