

Monday

Tuesday

Wednesday

Thursday

Friday

5
Whole wheat
Pancakes
Sausage Patty
Orange Smiles

6
Egg Cyclone Omelet
With Sausage on
Whole wheat Bagel
Apple

7
Whole grain Cereal
Whole wheat bagel
Local cream cheese
Local Yogurt
Pineapple Tidbits

1
Whole grain Cereal
Gluten free Blueberry Muffin
Yogurt
Banana

2
Blueberry Bash
Waffles
Sausage
Local Syrup
Grapes

12
NO SCHOOL

13
Egg Cyclone Omelet
With Sausage on
Whole wheat Bagel
Pear

14
Whole grain Cereal
Whole wheat bagel
Local cream cheese
Local Yogurt
Raisins

8
Whole grain Cereal
Gluten free Blueberry Muffin
Yogurt
Peaches

9
Blueberry Bash
Waffles
Sausage
Local Syrup
Banana

15
Whole grain Cereal
Gluten free Blueberry Muffin
Yogurt
Banana

16
Blueberry Bash
Waffles
Sausage
Local Syrup
Yogurt

19
Whole Wheat Pancakes
Sausage Patty
Peaches

20
Egg Cyclone Omelet
With Sausage on
Whole wheat Bagel
Local apple

21
Whole grain Cereal
Whole wheat bagel
Local cream cheese
Local Yogurt
Raisins

22
Whole grain Cereal
Gluten free Blueberry Muffin
Yogurt
Pineapple Tidbits

23
Blueberry Bash
Waffles
Sausage
Local Syrup
Banana and Yogurt

26
Whole Wheat Pancakes
Local Syrup
Sausage
Local Yogurt
Banana

27
Egg Cyclone Omelet
With Sausage on
Whole wheat Bagel
Vermont Applesauce

28
Whole grain Cereal
Whole wheat bagel
Local cream cheese
Local Yogurt
Raisins

29
Whole grain Cereal
Gluten free Blueberry Muffin
Yogurt
Banana

30
Blueberry Bash
Waffles
Sausage
Local Syrup
Yogurt & Orange Smiles

This institution is an equal opportunity provides
All children age 18 and younger have access to breakfast and lunch free of charge

