

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> No School Labor Day	<b>3</b> Homemade mac and cheese salad bar any vegetables from our school garden will be on it * apple	<b>4</b> Chicken Tenders French Fries Salad Bar *Apple Pickled beets from our garden	<b>5</b> Chicken patty on whole wheat bun salad bar *Vermont Macintosh Apple	<b>6</b> Local hamburger on whole wheat bun Salad Bar *Orange Smiles
<b>9</b> Whole wheat spaghetti Homemade meatballs Veggies from garden Salad Bar, Pickled cucumbers *Banana	<b>10</b> Ham & cheese grinder On whole wheat roll Chicken Noodle Soup with vegetables from our garden Salad Bar *Mandarin Oranges	<b>11</b> Homemade Cheese Lasagna summer squash and zucchini from our school garden salad bar *strawberries	<b>12</b> Chicken nugget swiss chard frittata all veg. from our school garden salad bar * peach	<b>13</b> Vermont Pastabilities cheese pizza salad bar *apple
<b>16</b> Homemade Beef Vegeta- ble Stew, brown rice, whole wheat roll, Salad bar *blueberries	<b>17</b> Homemade Lentil soup Veggies from garden PBJ Sandwich Salad Bar *Apple	<b>18</b> Chicken tenders Home fries salad bar pickled beets from our garden *pineapple	<b>19</b> Homemade mac and cheese salad bar *pears local celeriac slaw	<b>20</b> Breakfast for lunch Whole wheat pancakes Sausage, Salad Bar, veggies from garden *Orange smiles
<b>23</b> Whole wheat Spaghetti Local meat sauce or home- made vegetable sauce Whole wheat bread Salad bar *Pears	<b>24</b> Grilled Cheese Roasted Roots from our garden Salad bar * Pineapple	<b>25</b> Local farmer joes sloppy joes local hamburger veggies from our garden salad bar *watermelon	<b>26</b> H.m sesame noodles w/chicken and veg. from our garden h.m Asian cabbage & carrots from our garden brown rice salad bar *orange	<b>27</b> Homemade whole wheat calzones w/cheese and veg. from our garden salad bar *Banana
<b>30</b> Grilled Cheese Homemade chicken noodle soup local crackers salad bar *raisins				

