

Monday

Tuesday

Wednesday

Thursday

Friday

Salad Bar includes an array of fruits and vegetables every day.
 *Featured Fruit

1

NO SCHOOL

4

No School

5

No School
 Town Meeting

6

Homemade lasagna
 Salad Bar
 *Apple

7

Chicken Tenders
 Home Fries
 Salad Bar
 *Banana

8

Vermont Cheese Pizza
 Salad Bar
 *Peaches

11

Homemade Mac & Cheese
 Salad Bar
 *Pears

12

PB&J, whole wheat bread
 Tomato Soup
 Salad Bar
 *Apple

13

Chicken Tenders
 Home Fries
 Salad Bar
 *Pineapple

14

Chicken Patty on
 whole wheat bun
 Salad Bar
 *Raisins

15

Hamburger or
 Cheeseburger on
 whole wheat bun
 Salad Bar
 * Orange smiles

18

Homemade Mac & Cheese
 Salad Bar
 *Banana

19

Cheese Grinder on
 Whole Wheat roll Chips
 Salad Bar
 *Mandarin oranges

20

Chicken fajita
 Spanish rice
 Salad Bar
 *Apple

21

Beef ravioli
 Whole wheat roll
 Salad Bar
 * Pears

22

Chicken Nuggets
 French fries
 Salad Bar
 *Peaches

25

Whole wheat Spaghetti
 w/meat sauce or
 homemade vegetable
 sauce
 Salad Bar *pears

26

Turkey and cheese grinder
 Homemade fish chowder
 Salad Bar
 *Banana

27

Farmer Joes sloppy joe
 on whole wheat bun
 Salad Bar
 *Vermont applesauce

28

Hot dog whole wheat roll
 mac salad
 Salad Bar
 *Orange smiles

29

Breakfast for Lunch
 whole grain pancakes
 Sausage
 * Pineapple

