

<p>October 2018 <b>LUNCH MENU</b></p> <p>Sharon Elementary School Food service LinAnn Perry 763-7425 ext 16</p> <hr/> <p>Meal prices Child Lunch \$2.85 Adult lunch \$4.00 Salad bowl-\$1.00 Salad plate adult -\$4.00</p>	<b><u>WE SOURCE LOCAL!</u></b>		<u>Local Beef</u> <b>Green Mtn. Meat (Beef)</b> <b>Layedback Farm (Pork)</b>		H.m- homemade w.w- whole wheat W.g-whole grain	
	<u>Dairy Offerings on the salad Bar:</u> <b>Stoneyfield Yogurt</b> <b>Cabot Cottage Cheese &amp; Sour Cream</b> <b>Green Mtn. Creamery</b> <u>Daily Milk</u> <b>Sprague's Dairy</b>		<u>Produce</u> <b>Cedar Circle</b> <b>Champlain Orchards</b> <b>Ainsworth Farm</b> <b>VT Cannery</b> <b>Lincoln Farm</b> <b>Sharon Sprouts Kitchen</b> <b>Garden</b> <b>Sam Mazza Farm</b> <b>Sunrise Orchards</b>			
	<b>Monday 1</b>	<b>Tuesday 2</b>	<b>Wednesday 3</b>	<b>Thursday 4</b>		<b>Friday 5</b>
	Homemade mac and cheese salad bar featured fruit pears	Tuna salad on ww wrap tomato soup local crackers salad bar	Harvest meal chicken pot pie all vegetable from our School garden and local w.g roll	Spaghetti w/ h.m vegetable sauce garlic bread salad bar featured fruit VT Macintosh		No School
	<b>Monday 8</b>	<b>Tuesday 9</b>	<b>Wednesday 10</b>	<b>Thursday 11</b>		<b>Friday 12</b>
	No School	Ham and cheese grinder on w.w roll corn chips w/ salsa salad bar featured fruit mandarin oranges	H.m cheese lasagna salad bar featured fruit golden apple	H.m mac and cheese salad bar featured fruit banana		VT cheese pizza salad bar featured fruit peaches
	<b>Monday 15</b>	<b>Tuesday 16</b>	<b>Wednesday 17</b>	<b>Thursday 18</b>		<b>Friday 19</b>
	Chicken patty on w.w bun salad bar featured fruit banana	Tuna salad on w.w roll tomato soup salad bar featured fruit golden apple	chicken tenders Home fries salad bar featured fruit pineapple	H.m mac and cheese salad bar featured fruit pears		hamburger or cheese burger w.w bun salad bar featured fruit orange smiles
	<b>Monday 22</b>	<b>Tuesday 23</b>	<b>Wednesday 24</b>	<b>Thursday 25</b>		<b>Friday 26</b>
	H.m w.g mac and cheese salad bar	Ham & Cheese Grinder H.M. Chicken Noodle Soup	Chicken fajita rice and beans salad bar	grilled cheese tomato soup local crackers salad bar featured fruit raisins		No School
<b>Monday 29</b>	<b>Tuesday 30</b>	<b>Wednesday 31</b>				
w.w Spaghetti w/ meat sauce or h.m vegetable sauce salad bar featured fruit pears	Turkey and cheese grinder h.m pumpkin soup salad bar featured fruit orange smiles	Farmer Joes sloppy joe on w.w bun salad bar featured fruit VT applesauce				
Salad bar includes an array of fruits and vegetables and dairy 4 bean salad everyday						