

<p><b>October 2018 Breakfast Benu</b></p> <p>Sharon Elementary School Food service LinAnn Perry 763-7425 ext 16</p> <p>Meal prices Child breakfast \$2.00 Adult breakfast \$3.15</p> <p><b>Featured fruit means one fruit is chose for the menu but there are four or more fruits daily for breakfast</b></p>	<p><b><u>WE SOURCE LOCAL!</u></b></p> <p><u>Dairy Offerings on the salad Bar:</u>  <b>Stoneyfield Yogurt</b>  <b>Cabot Cottage Cheese &amp; Sour Cream</b>  <b>Green Mtn. Creamery</b>  <u>Daily Milk</u>  <b>Sprague's Dairy</b></p>		<p><u>Local Beef</u>  <b>Green Mtn. Meat (Beef)</b>  <b>Layedback Farm (Pork)</b></p> <p><u>Produce</u>  <b>Cedar Circle</b>                      <b>Champlain Orchards</b>  <b>Ainsworth Farm</b>                      <b>VT Cannery</b>  <b>Lincoln Farm</b>                      <b>Sharon Sprouts Kitchen</b>  <b>Garden</b>  <b>Sam Mazza Farm</b>  <b>Sunrise Orchards</b></p>		<p>H.m- homemade w.w- whole wheat W.g-whole grain</p>	
	<p><b>Monday 1</b> Pancake sausage featured fruit banana</p>	<p><b>Tuesday 2</b> Egg cyclone (egg omelet on ww bagel featured fruit pear</p>	<p><b>Wednesday 3</b> Wg Cereal ww bagel local cream cheese featured fruit featured fruit raisins</p>	<p><b>Thursday 4</b> cereal Gluten free blue berry muffin fruit blueberries</p>		<p><b>Friday 5</b> No School</p>
	<p><b>Monday 8</b> No School</p>	<p><b>Tuesday 9</b> Oatmeal ww english muffin local butter VT applesauce</p>	<p><b>Wednesday 10</b> Wg cereal ww bagel local cream cheese banana</p>	<p><b>Thursday 11</b> Wg french toast local syrup sausage patty orange smiles</p>		<p><b>Friday 12</b> Wg blueberry bash waffles local syrup sausage patty fruit raisins</p>
	<p><b>Monday 15</b> W.g Pancake local syrup sausage patty featured fruit apple</p>	<p><b>Tuesday 16</b> Egg cyclone (egg omelet on ww bagel featured fruit pear</p>	<p><b>Wednesday 17</b> Wg Cereal ww bagel local cream cheese featured fruit featured fruit raisins</p>	<p><b>Thursday 18</b> Hm blueberry muffin cereal featured fruit banana</p>		<p><b>Friday 19</b> W.g blueberry bash waffles sausage patty fruit</p>
	<p><b>Monday 22</b> Wg pancake local syrup sausage fruit apple</p>	<p><b>Tuesday 23</b> french toast local syrup sausage peaches</p>	<p><b>Wednesday 24</b> Wg cereal ww bagel local cream cheese fruit pineapple</p>	<p><b>Thursday 25</b> Egg cyclone egg and sausage on ww bagel pears</p>		<p><b>Friday 26</b> No School</p>
	<p><b>Monday 29</b></p>	<p><b>Tuesday 30</b></p>	<p><b>Wednesday 31</b></p>			
	<p>W.g Pancake sausage featured fruit banana</p>	<p>Egg cyclone (egg omelet on ww bagel featured fruit pear</p>	<p>Wg Cereal ww bagel local cream cheese featured fruit featured fruit raisins</p>			