

<p>August & September 2018 LUNCH MENU</p> <p>Sharon Elementary School Food Service LinAnn Perry 763-7425 ext 16</p> <p>Meal prices Child Lunch \$2.85 Adult lunch \$3.50 Salad bowl-\$1.00 Salad plate adult -\$3.50 USDA is an equal opportunity provider, employer, and lender.</p>	<u>WE SOURCE LOCAL!</u>		<u>Local Beef</u> Green Mtn. Meat (Beef) Layedback Farm (Pork)		H.m- homemade w.w- whole wheat W.g-whole grain		
	<u>Dairy Offerings on the salad Bar:</u> Stoneyfield Yogurt Cabot Cottage Cheese & Sour Cream Green Mtn. Creamery <u>Daily Milk</u> Sprague's Dairy		<u>Produce</u> Cedar Circle Champlain Orchards Ainsworth Farm VT Cannery Lincoln Farm Sharon Sprouts Kitchen Garden Sam Mazza Farm Sunrise Orchards				
			Wednesday Aug. 29	Thursday Aug. 30		Friday August 31	
			All School Picnic Hot Dogs, W.w. buns	Local Hamburger on w.w. bun, salad bar, fruit: Orange Smiles		H.m. Mac & Cheese, Salad bar, fruit: Pineapple	
	Monday 3	Tuesday 4	Wednesday 5	Thursday 6		Friday 7	
	No school	H.m mac and cheese salad bar featured fruit orange smiles	H.m cheese lasagna salad bar fruit golden apple	Chicken tenders with home fries salad bar featured fruit banana		Vt cheese pizza salad bar featured fruit peaches	
	Monday 10	Tuesday 11	Wednesday 12	Thursday 13		Friday 14	
	Chicken fajita Spanish rice salad bar fruit fresh pear	Tuna salad on w.w roll tomato soup local crackers salad bar featured fruit golden apple	Chicken patty on w.w bun salad bar featured fruit pineapple	Chicken fried rice school vegetables stir fry salad bar fruit mandarin oranges		Meatball sub on w.g roll salad bar fruit banana	
	Daily Milk Selection Milk Skim or 1% Milk .50	Monday 17 Tuna salad h.m vegetable soup local crackers salad bar fruit peaches	Tuesday 18 Chicken potpie (local vegetables) local mashed potatoes salad bar fruit local apple	Wednesday 19 Ham and cheese grinder chips salad bar fruit fresh pear		Thursday 20 H.m mac and cheese salad bar featured fruit pineapple tidbits	Friday 21 Local hamburger or cheese burger w.w bun salad bar featured fruit orange smiles
	Salad bar includes an array of fruits and vegetables and dairy 4 bean salad everyday	Monday 24 H.m tuna noodle casserole using vegetables from our school garden salad bar	Tuesday 25 Local beef Tacos salad bar fruit orange smiles	Wednesday 26 fish sticks local potatoes fries salad bar fruit V.t applesauce		Thursday 27 Hotdog w.w roll salad bar fruit grapes	Friday 28 Breakfast for lunch (w.g pancakes sausage patty local syrup)salad bar fruit banana