

November 2017
LUNCH MENU

Sharon Elementary School
Food service LinAnn Perry
763-7425 ext 16

Meal prices
Child Lunch \$2.75
Adult lunch \$3.50
Salad bowl-\$1.00
Salad plate adult -\$3.50



<u>WE SOURCE LOCAL!</u>		<u>Local Beef</u> Green Mtn. Meat (Beef) Layedback Farm (Pork)		H.m- homemade w.w- whole wheat W.g-whole grain
<u>Dairy Offerings on the salad Bar:</u> Stoneyfield Yogurt Cabot Cottage Cheese & Sour Cream Green Mtn. Creamery <u>Daily Milk</u> Sprague's Dairy		<u>Produce</u> Cedar Circle Champlain Orchards Ainsworth Farm VT Cannery Lincoln Farm Sharon Sprouts Kitchen Garden Sam Mazza Farm Sunrise Orchards		
		Wednesday 1	Thursday 2	Friday 3
		Homemade mac and cheese salad bar featured fruit pears	Chicken patty on w.w bun salad bar featured fruit vt macintosh	Vt cheese pizza salad bar featured fruit orange smiles
Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
Chicken patty on w.w bun salad bar featured fruit banana	Ham and cheese grinder on w.w roll h.m chicken noodle soup salad bar featured fruit mandarin oranges	H.m cheese lasagna salad bar featured fruit apple	H.m Chicken pot pie with a w.w roll salad bar featured fruit banana	No School Thank you to all of our Veterans for your service
Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
Chicken patty on w.w bun salad bar featured fruit banana	Tuna salad on w.w roll tomato soup salad bar featured fruit golden apple	chicken tenders Home fries salad bar featured fruit pineapple	H.m mac and cheese salad bar featured fruit pears	hamburger or cheese burger w.w bun salad bar featured fruit orange smiles
Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24
Daily Milk Selection Milk Skim or 1% Milk .50 Salad bar includes an array of fruits and vegetables and dairy 4 bean salad everyday	w.w Spaghetti w/ meat sauce or h.m vegetable sauce salad bar featured fruit pears	Turkey and cheese grinder h.m pumpkin soup salad bar featured fruit orange smiles	No School Happy Thanksgiving	No School
Monday 27	Tuesday 28	Wednesday 29	Thursday 30	No School
This institution is an equal opportunity provider	Grilled cheese h.m chicken noodle soup local crackers salad bar featured fruit raisins	H.m mac and cheese salad bar peaches	Chicken fried rice stir fried vegetables salad bar orange smiles	Breakfast for lunch W.g pancakes sausage local syrup featured fruit pineapple