



LUNCH MENU

Sharon Elementary School
Food service LinAnn Perry
763-7425 ext 16

Meal prices
Child Lunch \$2.75
Adult lunch \$3.50
Salad bowl \$1.00
Salad plate adult \$3.50

WE SOURCE LOCAL!

Dairy Offerings on the salad Bar:
Stoneyfield Yogurt
Cabot Cottage Cheese & Sour Cream
Green Mtn. Creamery
Daily Milk
Sprague's Dairy

Local Beef

Green Mtn. Meat (Beef)

Layedback Farm (Pork)

Produce

Cedar Circle

Ainsworth Farm

Lincoln Farm

Garden

Sam Mazza Farm

Sunrise Orchards

Champlain Orchards

VT Cannery

Sharon Sprouts Kitchen

H.m- homemade
w.w- whole wheat
W.g-whole grain

					Friday 1
					VT cheese pizza salad bar featured fruit orange smiles
	Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
	Homemade mac and cheese salad bar featured fruit pears	Ham and cheese grinder on w.w roll local ranch pretzel bits salad bar featured fruit mandarin oranges	H.m cheese lasagna salad bar featured fruit golden apple	Chicken patty on w.w bun salad bar featured fruit banana	VT cheese pizza salad bar featured fruit peaches
	Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
	Chicken patty on w.w bun salad bar featured fruit banana	Tuna salad on w.w roll tomato soup salad bar featured fruit golden apple	chicken tenders Home fries salad bar featured fruit pineapple	H.m mac and cheese salad bar featured fruit pears	Hamburger or cheese burger w.w bun salad bar featured fruit orange smiles
Daily Milk Selection Milk Skim or 1% Milk .50	Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22 1/2 day
Salad bar includes an array of fruits and vegetables and dairy 4 bean salad everyday	w.w Spaghetti w/ meat sauce or h.m vegetable sauce salad bar featured fruit pears	Chicken potpie with local mashed potatoes salad bar featured fruit orange smiles	Farmer Joes sloppy joe local beef on w.w bun salad bar featured fruit V.t applesauce	Grilled cheese tomato soup local crackers salad bar featured fruit raisins	Maple ham local mashed potatoes local squash w.g biscuit
	Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29
This institution is an equal opportunity provider	No School winter break begins Happy Holidays be safe and be well see you all next year	No School	No School	No School	No School