

**Breakfast Menu  
October 2017**

Sharon Elementary School  
Food service LinAnn Perry  
763-7425

**Meal prices**

Child breakfast \$1.50  
Adult breakfast \$2.50



Featured fruit means one fruit is chose for the menu but there are four or more fruits daily for breakfast

**WE SOURCE LOCAL!**

Dairy Offerings on the salad Bar:

**Stoneyfield Yogurt**  
**Cabot Cottage Cheese & Sour Cream**  
**Green Mtn. Creamery**  
Daily Milk  
**Sprague's Dairy**

Local Beef

**Green Mtn. Meat** (Beef)  
**Layedback Farm** (Pork)

Produce

**Cedar Circle**                      **Champlain Orchards**  
**Ainsworth Farm**                  **VT Cannery**  
**Lincoln Farm**                      **Sharon Sprouts Kitchen**  
**Garden**  
**Sam Mazza Farm**  
**Sunrise Orchards**

H.m- homemade  
w.w- whole wheat  
W.g-whole grain

	<b>Monday 2</b>	<b>Tuesday 3</b>	<b>Wednesday 4</b>	<b>Thursday 5</b>	<b>Friday 6</b>
	w.w pancake sausage patty featured fruit orange smiles	French toast local syrup fruit peaches	Cereal wg bagel local cream cheese featured fruit golden apple	Egg cyclone on ww bagel featured fruit pears	Blueberry bash waffle sausage patty featured fruit pineapple
	<b>Monday 9</b>	<b>Tuesday 10</b>	<b>Wednesday 11</b>	<b>Thursday 12</b>	<b>Friday 13</b>
	No School Columbus Day	No School Conferences	Cereal ww bagel local cream cheese featured fruit pears	Cereal ww bagel local cream cheese featured fruit golden apple	W.g blueberry bash waffles sausage patty featured fruit peaches
	<b>Monday 16</b>	<b>Tuesday 17</b>	<b>Wednesday 18</b>	<b>Thursday 19</b>	<b>Friday 20</b>
	ww pancake sausage featured fruit golden apple	Egg cyclone (egg omelet and sausage on ww bagel) featured fruit pear	Wg Cereal ww bagel local cream cheese featured fruit raisins	Cereal Gluten free blueberry muffin cereal featured fruit banana	W.g blueberry bash waffles sausage featured fruit orange smiles  1/2 Day - Early Dismissal
	<b>Monday 23</b>	<b>Monday 24</b>	<b>Wednesday 25</b>	<b>Thursday 26</b>	<b>Friday 27</b>
	Pancake sausage featured fruit apple	Egg cyclone (egg omelet sausage on ww bagel) featured fruit banana	Cereal ww bagel local cream cheese peaches	H.m french toast featured fruit pineapple	NO SCHOOL In-Service
	<b>Monday 30</b>	<b>Tuesday 31</b>			<b>This institution is an equal opportunity provider.</b>
	Pancake sausage patty local syrup fruit grapes	French toast sticks local syrup fruit apple			